

Here it is. Sincerely, Us

Senior Show Fall 2020

Welcome to Grand Valley's Fall 2020 senior dance capstone showcase. This semester we have been hard at work creating this show as a way of culminating our time and knowledge gained in the Grand Valley Dance Program. We have had to challenge ourselves in countless ways as we faced creating an online show and all of the trials and tribulations that came with that.

Our show consists of both dance films and filmed dances. Dance films are pieces that were created with the intention of it being filmed and shown in a video format. They often contain a strong narrative that is enhanced by angles and editing. Filmed dances are choreographed works that were made for the stage and are recorded for longevity and/or online viewing.

As you watch our show please utilize the chat feature, visit the "Contact" page on our website, or reach out to us, or our dancers, individually to let us know your thoughts and give congratulations.

Thank you for joining us and we hope you enjoy the show.

Messy

Choreographers: Abigail Fleszar and dancers

Dancers: Molly Barnes, McKenzie Bridges, Zachary Bussert, Julia Maher, Emily McKenzie, Hannah Rohen, Elizabeth Schanz, Mary Twietmeyer

Director, Videographer, and Editor: Abigail Fleszar

Music: "Duet" and "End Trill" composed by Michael Wall

"A showcase of the complexities of the human experience through two sections, the external and the internal. Every person you encounter has a life equally as intricate as your own."

Introspection.

Choreographer: Carly Sisoy

Dancer: Elise Borngesser

Videographer and Editor: Carly Sisoy

Music: "Untitled" composed by Vinnie Pelione

"Every moment in our lives has brought us to where we are today. This is an exploration reflecting on the past, living in the present moment, and looking forward to the unknown future."

a season, a series

Choreographer: Madison Miazek

Dancers and voiceovers: Molly Barnes, Claire Berndt, Zach Bussert, Emily Hudson, Julia Maher, Haley Schultz, and Megan Vernier

Director, Videographer, and Editor: Madison Miazek

Music: "Melody for One" composed by Michael Wall

"Loneliness is an emotion felt on a spectrum."

Content

Dancer and Choreographer: Meghan Dolata

Videographer: Carly Sisoy

Director and Editor: Meghan Dolata

Music: "Clouded Street Sign" composed by Michael Wall

"In these final moments on stage, I share this journey for fulfillment in what I love to do."

compulsion

Dancer and Choreographer: Abigail Fleszar

Director, Videographer, and Editor: Abigail Fleszar

Music: "Clock Gears" composed by Michael Wall

"A life with obsessive-compulsive disorder."

A Reassessment

Choreographer: Rya Greene

Dancer: Megan Vernier

Videographer and Editor: Rya Greene

Music: "Red Moon" composed by Jami Sieber

"When we lose a part of ourselves there is a great deal of introspection that follows."

Mirror Mirror

Choreographers: Emma Kent, Katie Holst, and Matthew Gabel

Dancers: Emma Kent and Katie Holst

Director, Videographer, and Editor: Matthew Gabel

Music: "Grandma on the Roof" composed by Alex Weston

False Reality

Dancer and Choreographer: Hannah Rohen

Director, Videographer, and Editor: Matthew Gabel

Music: "If I Had You" composed by Jimmy Campbell and Reg Connelly, performed by Ken Mixon.

Petulance

Dancer and Choreographer: Elizabeth Schanz

Director, Videographer, and Editor: Matthew Gabel

Music: "43214" composed by Micheal Wall

More.

Choreographers: Matthew Gabel and Annika Lamer

Dancer: Annika Lamer

Director, Videographer, and Editor: Matthew Gabel

Music: "Unbroken Lines" composed by James Murray

av•a•rice

Choreographers: Megan Dunn and Matthew Gabel.

Dancer: Megan Dunn

Director, Videographer, and Editor: Matthew Gabel

Music: "The Beast" composed by Jóhann Jóhannsson

Tranquility

Dancer and Choreographer: Mary Twietmeyer

Director, Videographer, and Editor: Matthew Gabel

Music: "Time's Timeless Art" composed by Jason Thomas, performed by the Zephyr Quartet

quiet birds in circled flight

Dancer and Choreographer: Zach Bussert

Director, Videographer, and Editor: Matthew Gabel

Music: "Spiegel im Spiegel" composed by Arvo Pärt, performed by Maya Beiser and Michael Harrison, "Do not Stand at my Grave and Weep" written by Mary Elizabeth Frye and read by Tom O'Bedlam

"A seven part study into the 7 deadly sins."

~Five Minute Intermission~

personally

Dancer and Choreographer : Carly Sisoy

Videographer: Meghan Dolata

Editor: Carly Sisoy

Music: "4 50" composed by Michael Wall

"Our passions in life reward us with blissful moments."

Idealized Persona

Choreographer: Meghan Dolata and dancers

Dancers: Claire Berndt and Grace Kitching

Director, Videographer, and Editor: Meghan Dolata

Music: "As 3", "3 132", "She", and "4 81" composed by Michael Wall

Sounds: "Typing on Iphone Sound Effect – Text Message Sounds" from Youtube by SoundEffectsFactory, "Notification Spam" from Youtube By Banditt

Drawbridge

Dancer and Choreographer: Rya Greene

Videographer: Meghan Dolata

Editor: Rya Greene

Music: "Returning" composed by Jami Sieber

me and her, always.

Choreographer: Isa Wishart

Dancers: Emma Johnson and Grace Kitching

Videographer and Editor: Isa Wishart

Music: "7 60", "That Painting", and "South Ballad" composed by Michael Wall

"This piece explores the idea of being with your thoughts and emotions all day. Sometimes it is a battle and sometimes we simply must accept what we are plagued with."

self-control

Dancer and Choreographer: Madison Miazek

Videographer: Julia Maher

Director and Editor: Madison Miazek

Music: "You Only Hurt The One You Love" composed by Doris Fisher

Sound Editing: Madison Miazek

"The harshest critic exists internally."

Alla persona que amo

Dancer and Choreographer: Isa Wishart

Videographer: Rya Greene

Editor: Isa Wishart

Spoken word: Isa Di Rita

"To Nonno and Nonna, with love."

Special thank you to Carrie Brueck Morris, Hannah Seidel, Nate Bliton, the Grand Valley Dance Program, our casts, and everyone that donated for making this show possible.

We hope you enjoyed our show, thank you for joining.

Sincerely,

Meghan Dolata, Abigail Fleszar, Matthew Gabel, Rya Greene,
Madison Miazek, Carly Sisoy, and Isa Wishart